

# GUIDED IMAGERY

Give the child a choice to imagine a setting or look at a picture. Discuss what they would see, smell, hear, touch, and taste in this setting.

A large rectangular box with a black border, containing five icons on the left side, arranged vertically from top to bottom: an eye, a nose, an ear, a hand, and a tongue. The rest of the box is empty, intended for a child to write or draw their response to the guided imagery prompt.



Examples: Beach, Forest, Carnival, Sports Game, Vacation, Park, Grocery Store, Restaurant, etc.











